

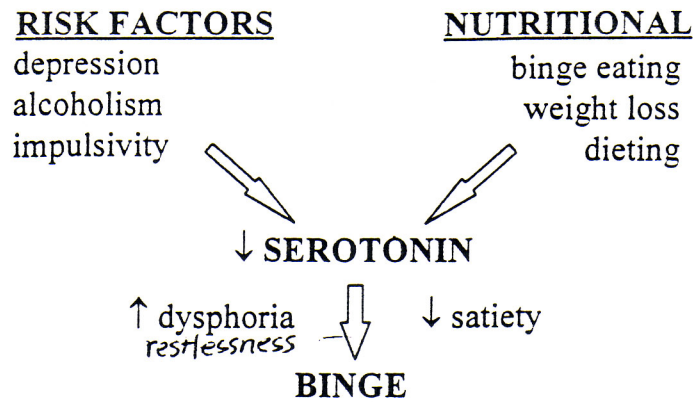
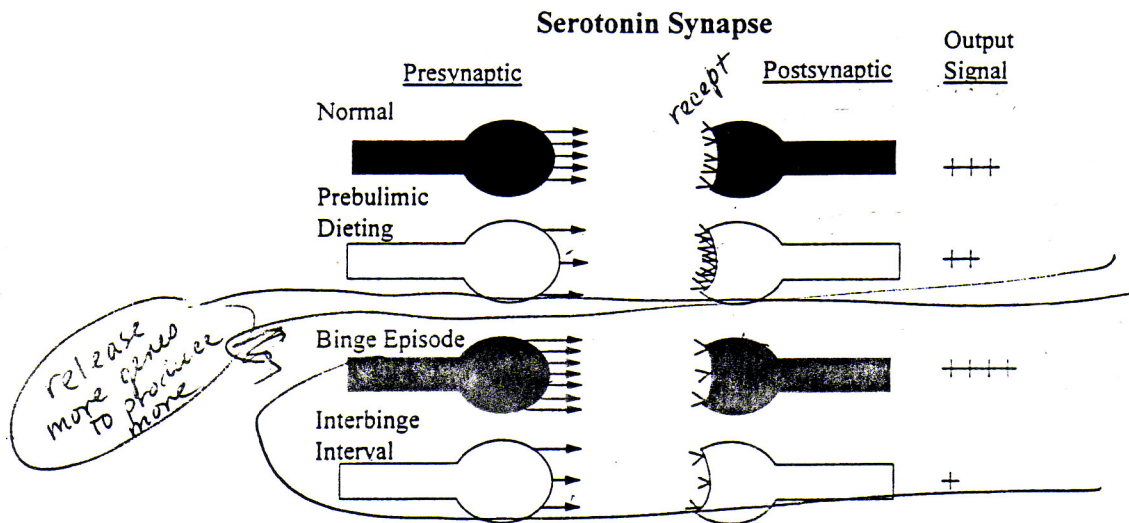
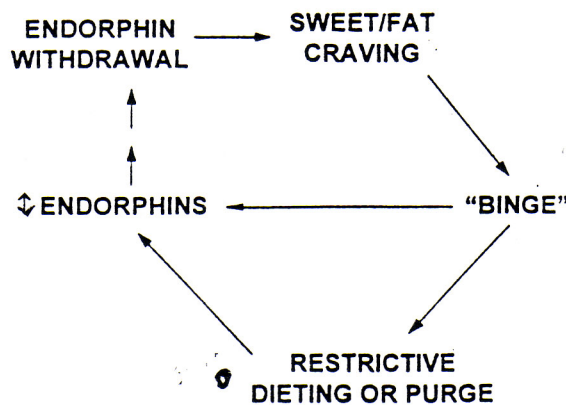


Figure 8. Schematic Outline of Serotonergic Activity Before, During and After a Binge Episode



Source: Weltzin, T. E., M. H. Fernstrom and W. H. Kaye. Serotonin and Bulimia Nervosa. Nutrition Reviews 12: 399-409, 1994.

Figure 9. Endorphins and Cravings for Sweet/Fat Foods: A Proposed Mechanism



*Handwritten note:* Add drugs here to regulate highs/lows

Adapted from: Huber, H. F. Endorphins, Eating Disorders and Other Addictive Behaviors. New York, NY: W. W. Norton & Co, 1993.